

Teamwork & Leadership BRIEF & DEBRIEF ACTIVITY 1

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* Required

Name: *

Henry Callaghan

Describe the task *

In detail, what was the aim of the task? How many teams? What was the team dynamic? Timings? Rules & restrictions?

The aim of the task was to brief and debrief a team on a 10 minute activity. The goal of the activity was to work effectively as a team as well as to improve communication skills and team coordination. There were 2 teams with one three members and one two members team. The team dynamic was very good with a lot of talking and concentration on the task. The timing was divided into 8 minutes for the game and 2 minutes for the brief and debrief task. I reminded the teams 1 minute before the

What was your role in the team? *

What did you do? How did you contribute? Leader or teamworker?

My role was the leader. I led by laissez faire style in communication task or tasks where it was mostly group member orientated. I did give tips, but I could not lead as a leader because it was group task and it requires the members to act in unison.

How did you perform as an individual? *

For the M & D criteria make comparisons with other individual performances in your team and relate to theory.

I felt that I performed extremely well and my activity was a good fun. I felt it was excellent and the team members did expectantly well and managed to compete the required task.

How did you perform as a team? *

For the M & D criteria make comparisons with other team performances and relate to theory.

I felt that the team listened clearly, effectively completing the task and worked together to achieve the objectives very well. As a team leader, I gave adequate supervision of the team. The freedom that I gave them I felt that helped them to achieve the aims and objectives set.

What were your strengths? *

Communication, problem solving, time management, supporting others, physical abilities, confidence, motivation, resolving conflict, praise, questioning, body language, listening, awareness, creativity etc

My strengths were that my briefing was clear and I managed to improvise the plan well. I was good at asking questions if there was any misunderstanding. I was also good at time management because I reminded the teams a minute before the task ended. In addition, I was good at motivation by giving reward to the winning team.

What were your weaknesses? *

Communication, problem solving, time management, supporting others, physical abilities, confidence, motivation, resolving conflict, praise, questioning, body language, listening, awareness, creativity etc

My weaknesses were in organization skills as I didn't know where to find the briefing sheet. Besides, I could get very nervous when speaking in front of a group of people. but I felt more confident as I got on with the task.

How could you improve for next time? *

Make future recommendations for yourself, your team and other individuals / teams.

I feel that there are hardly any improvements needed. I feel the only needed are that I need to stick to original planes and increase public speaking skills.

Was there any conflict in the group? *

If yes, describe why and how was it resolved? If no, what did the leader do to ensure this was the case?

There was no conflict in the group.

How else could you use relevant theory to analyse the overall performance today? *

Leadership styles, Belbin, Tuckman, Adair, Honey, Margerison & Mccann, Woodcock,

I could use Adair theory to analyse the overall performance because I thought about the goals, what resources were needed and the time limit. Then I thought about what the teams would be composed of and what rules would be implemented. Then I observed them and thought about if they were ruling the rules and then after I asked them to evaluate their performance.

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